



# World Oshukai Okinawa Shorin-Ryu Karate Do Kobudo Federation

## **THONON-LES-BAINS**

**JULY 27TH TO AUGUST 01ST, 2026**

**Shorin Ryu Karate and Okinawa Kobudo Seminar**

**Directed by The Sensei**

**STANISZEW Aleksander, 9th Dan**

**ROGGERO Maurice, 9th Dan**

**Open to all ranks and styles  
(Minimum age 12)**

### **PLACE**

**THONON-LES-BAINS (74)**

MAISON DES SPORTS

Avenue de la Grangette

74200 THONON-les-BAINS, FRANCE

Téléphone : +33 4 50 71 23 25

Google Maps : <https://goo.gl/maps/dTcVNsgzTKH2>

### **SCHEDULE**

**Karate: from Monday 27<sup>th</sup> of July to Saturday 01<sup>st</sup> of August 2026 - 8:00 to 10:00**

**Kobudo: from Monday 27<sup>th</sup> of July to Saturday 01<sup>st</sup> of August - 10:30 to 12:00**

**Front desk for registrations :**

**Karate: Monday 27<sup>th</sup> July from 7:30 to 8:00**

**Kobudo: Monday 27<sup>th</sup> July from 10:00 to 10:30**

**For registration, please fill the following [spreadsheet](#) and send it by regular mail to Maurice ROGGERO before the 30<sup>th</sup> of June:**

**Phone : 00 33 6 88 94 17 78 - Email : [maurice.roggero@oshukai.fr](mailto:maurice.roggero@oshukai.fr)**

**WOF groups which used to send their registration directly to the WOF Office representation, please download, print and fill the following individual form: [link](#)**

**Information:** For any information on the course, the organization, the belt exam, ... you can contact by phone or by email:

*Maurice ROGGERO - 00 33 6 88 94 17 78 - [maurice.roggero@oshukai.fr](mailto:maurice.roggero@oshukai.fr)*

**World Oshukai Federation**  
Okinawa Traditional Karate-do Kobudo International Training Center  
1020-1 Takashiho; Yomitan Village  
[www.oshukai.com](http://www.oshukai.com)



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## **COST**

Prices for the seminars are as follows:

|                      | <b>Whole week</b> | <b>Whole week<br/>with valid WOF Card</b> |
|----------------------|-------------------|---|
| <b>KARATE</b>        | <b>150 €</b>      | <b>145 €</b>                              |
| <b>KOBUDO</b>        | <b>150€</b>       | <b>145 €</b>                              |
| <b>KARATE+KOBUDO</b> | <b>200€</b>       | <b>190 €</b>                              |

## **ACCOMMODATION**

Multiple accommodations options are available and unfortunately we can not make a complete list in this document however here are some examples of places where you can stay.

**I- IBIS BUDGET (2 étoiles) : Avenue de la Grangette, 74200 Thonon-les-Bains**

**Téléphone : 08 92 70 03 17**

**- CAMPING LE LAC NOIR : 28, Avenue de Senevulaz, 74200 Thonon-les-Bains**

**Téléphone : 06 68 70 74 74**

For all information concerning accommodation options (camping, flat renting, hotels ...), you can contact:

### **TOURISM OFFICE**

**Place du Marché 74200 THONON-les-BAINS**

**Phone : 00 33 4 50 71 55 55**

**Email : [thonon@thononlesbains.com](mailto:thonon@thononlesbains.com)**

**Internet website : [www.thononlesbains.com](http://www.thononlesbains.com)**

You may also contact **Mr. Roland GORBATY**:

*Roland GORBATY - Tél.: 00 33 6 10 14 86 18 - Email : [rolandgorbaty@hotmail.fr](mailto:rolandgorbaty@hotmail.fr)*

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## **WOF MEETING**

WOF meeting for all countries' chiefs will be held **on Wednesday 30<sup>th</sup> July at 3:00 pm**.  
The place and the exact schedule will be announced later.

## **BELT EXAM**

An examination session for Karate and Kobudo will be held on **Friday the 31 of July 2022 from 1:30 pm:**

- [KARATE DAN program](#)
- [KOBUDO DAN program](#)

Prices for Dan diplomas to be paid on site:

- 1° Dan : 50 €
- 2° Dan : 70 €
- 3° Dan : 100 €
- 4° Dan : 125 €
- 5° Dan : 150 €
- 6° Dan : 200 €
- 7° Dan : 300 €
- 8° Dan : 500 €

Conditions for registration of candidates - The candidate must:

- Bring the adequate score sheet for karate and/or kobudo.
- Pay the fees corresponding to diplomas cited below. In case of failure to the exam these fees will be returned.
- Respect the minimum time of practice required.
- Have an up to date Oshukai passport with a photo and filled in properly.

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## TIMETABLE

|                        | KARATE<br>LESSON | KOBUDO<br>LESSON  |   |
|------------------------|------------------|-------------------|---|
| <b>MONDAY 27/07</b>    | 8:00am – 10:00am | 10:30pm – 12:00am | 1:30pm ~ 04:30pm<br>Free training                       |
| <b>TUESDAY 28/07</b>   | 8:00am – 10:00am | 10:30am – 12:00am | 1:30pm ~ 04:30pm<br>Free training                       |
| <b>WEDNESDAY 29/07</b> | 8:00am – 10:00am | 10:30am – 12:00am | 1:30pm ~ 04:30pm<br>Free training<br>3:00pm WOF Meeting |
| <b>THURSDAY 30/07</b>  | 8:00am – 10:00am | 10:30am – 12:00am | 1:30pm ~ 04:30pm<br>Free training<br>3:00pm OKF Meeting |
| <b>FRIDAY 31/07</b>    | 8:00am – 10:00am | 10:30am – 12:00am | 1:30pm ~ 04:30pm<br>Belt exams                          |
| <b>SATURDAY 01/08</b>  | 8:00am – 10:00am | 10:30am – 12:00am |   |

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